

## ***Building High Performance Teams***

*"The strength of the team is each individual member and the strength of each individual member is the strength of the team".* Teamwork is only productive if the team is built with the right mix of people, and motivated by each other.

### **Learning Outcomes:**

This programme will explore the essentials to successful team building and management while developing the vital leadership and communication skills required for team management. It will focus on practical tools for practical application in the areas of team development and positive leadership. It will help owners/managers/team leaders to develop their team while simultaneously developing their leadership skills. Participants will also be made aware of the various models of coaching and will be able to adapt their mentoring styles to suit individual team members in order to achieve the best performance from the whole team.

### **Course Content:**

- Developing your Personal Leadership Style
- Leading with confidence
- Understanding your team and the characteristics that make it work
- Identifying sources of conflict and eliminating conflict
- Understanding the differences between personalities and leading them to work together
- Building a high performing team
- Making Decisions with Confidence
- Negotiating and Influencing team members
- Practical Models of Management for use in everyday situations
- Handling constructive feedback

**Programme Facilitator: Optimum Ltd**



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